



FIESTA

AFTERNOON TEA

ALLERGEN INFORMATION GUIDE

THE ORANGERY TEA HOUSE SOUTHAMPTON
AFTERNOON TEA ALLERGEN INFORMATION GUIDE

Here you’ll find a list of all of the products sold in The Orangery Tea House Southampton, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Please remember to check this guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We’re proud to freshly prepare our food in our kitchen every day but as we use many ingredients and shared equipment, cross contact is managed but not to an allergen-free level. Therefore we can’t guarantee any of our food is suitable for those with allergies due to the risk of cross contact.

Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.

In addition we also declare Pine Nuts as an allergen.

If you are interested in an ingredient outside the 15 listed below or if you have any trouble finding what you’re looking for, just contact our team - southampton@theorangeryteahouse.co.uk



The Food Standards Agency regards the following ingredients and their derivatives as allergens:			
Peanuts	Lupin	Cereals	Milk
Sesame	Mustard	Containing Gluten	Molluscs
Crustaceans	Soya	Celery & Celeriac	Sulphur Dioxide
Eggs	Nuts	Fish	Pine Nuts

FIESTA AFTERNOON TEA MENU																										
	Our menu is freshly prepared in our kitchen every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contamination.																									
CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE		PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
SAVOURIES																										
TACO SHELL FILLED WITH GUACAMOLE, SALSA & SOUR CREAM	Y															✓				✓						
CHILLI MANGO CHICKEN CROISSANT																✓				✓						
FAJITA STEAK WITH ROASTED BELL PEPPER CROSTINI						May Contain		May Contain				May Contain			May Contain	✓								✓		
LIME SHRIMP COCKTAIL, SALSA VERDE & BITTER LEAVES			Y															✓								
SCONES																										
MINI CARAMEL CHIP & COCOA SCONES WITH LIME CURD & CLOTTED CREAM	Y															✓				✓	✓				✓	
PETIT FOURS																										
PRICKLY PEAR MACARON WITH CHOCOLATE SOIL	Y		Y			✓															✓				✓	✓
MINI CARAMEL CHURROS WITH CINNAMON SUGAR						May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain			✓	May Contain	May Contain	May Contain	✓		May Contain		May Contain	May Contain	
TRES LECHES SPONGE	Y															✓				✓	✓					
PAPAYA CHEESECAKE	Y															✓				✓	✓				✓	

FIESTA AFTERNOON TEA VEGAN MENU																										
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SAVOURIES																										
TACO SHELL FILLED WITH GUACAMOLE, SALSA & PLANT BASED SOUR CREAM	Y	Y														✓										
CHILLI MANGO AVOCADO CROISSANT	Y	Y				May Contain		May Contain	May Contain			May Contain				✓					May Contain	May Contain				May Contain
FAJITA MUSHROOM WITH ROASTED BELL PEPPER CROSTINI	Y	Y				May Contain		May Contain	May Contain						May Contain	✓					May Contain					
LIME BEAN COCKTAIL, SALSA VERDE & BITTER LEAVES	Y	Y	Y																							
SCONES																										
MINI COCOA SCONES WITH LIME CURD & PLANT BASED CREAM	Y	Y	Y																							✓
PETIT FOURS																										
PRICKLY PEAR MACARON WITH CHOCOLATE SOIL	Y	Y	Y			✓																				✓
MINI BAKED DOUGHNUTS WITH CINNAMON SUGAR	Y	Y	Y			✓																				✓
TRES LECHES SPONGE	Y	Y	Y																							✓
PAPAYA CHEESECAKE	Y	Y	Y																							✓

FIESTA AFTERNOON TEA GLUTEN FREE MENU																										
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SAVOURIES																										
TACO SHELL FILLED WITH GUACAMOLE, SALSA & SOUR CREAM	Y		Y																							
CHILLI MANGO CHICKEN CROISSANT			Y					May Contain												✓	✓			May Contain	May Contain	
FAJITA STEAK WITH ROASTED BELL PEPPER CROSTINI			Y												May Contain					✓			May Contain	May Contain		
LIME SHRIMP COCKTAIL, SALSA VERDE & BITTER LEAVES			Y															✓								
SCONES																										
MINI COCOA SCONES WITH LIME CURD & CLOTTED CREAM	Y		Y																	✓					✓	
PETIT FOURS																										
PRICKLY PEAR MACARON WITH CHOCOLATE SOIL	Y		Y			✓															✓				✓	
MINI BAKED DOUGHNUTS WITH CINNAMON SUGAR	Y		Y			✓														✓					✓	
TRES LECHES SPONGE	Y	Y	Y																						✓	
PAPAYA CHEESECAKE	Y		Y																						✓	

FIESTA AFTERNOON TEA NUT FREE MENU

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SAVOURIES																										
TACO SHELL FILLED WITH GUACAMOLE, SALSA & SOUR CREAM	Y															✓				✓						
CHILLI MANGO CHICKEN CROISSANT																✓				✓						
FAJITA STEAK WITH ROASTED BELL PEPPER CROSTINI					May Contain		May Contain				May Contain				May Contain	✓										
LIME SHRIMP COCKTAIL, SALSA VERDE & BITTER LEAVES			Y															✓								
SCONES																										
MINI CARAMEL CHIP & COCOA SCONES WITH LIME CURD & CLOTTED CREAM	Y															✓				✓	✓				✓	
PETIT FOURS																										
PRICKLY PEAR TARTLET WITH CHOCOLATE GANACHE	Y															✓				✓					✓	
MINI BAKED DOUGHNUTS WITH CINNAMON SUGAR	Y		Y		May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain			✓	May Contain	May Contain	May Contain	✓		May Contain		May Contain	May Contain	
TRES LECHES SPONGE	Y															✓				✓	✓					
PAPAYA CHEESECAKE	Y															✓				✓	✓				✓	

CHILDREN'S AFTERNOON TEA MENU																										
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SAVOURIES																										
CHEDDAR CHEESE BAGEL	Y														May Contain	✓				✓		May Contain		May Contain		
HAM & TOMATO BAGEL															May Contain	✓				✓		May Contain		May Contain		
SCONES																										
MINI FRUIT SCONES WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y															✓				✓	✓					
PETIT FOURS																										
MINI CARROT CAKE						May Contain	May Contain		May Contain	May Contain	May Contain	May Contain	✓		May Contain	✓				✓	✓				✓	
MINI ROSEWATER & RASPBERRY CHEESECAKE	Y					✓	May Contain		May Contain	May Contain	May Contain	May Contain	May Contain		May Contain	✓				✓	✓					
RICH CHOCOLATE SPONGE CAKE	Y					May Contain	May Contain		May Contain	May Contain	May Contain	May Contain	May Contain			✓				✓	✓				✓	

CHILDREN’S AFTERNOON TEA GLUTEN FREE MENU																										
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SAVOURIES																										
CHEDDAR CHEESE BAGEL	Y		Y																	✓		May Contain		May Contain	✓	
HAM & TOMATO BAGEL			Y																			May Contain		May Contain	✓	
SCONES																										
MINI FRUIT SCONE WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y		Y																	✓					✓	
PETIT FOURS																										
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																						✓	
CHOCOLATE BROWNIE	Y		Y		May Contain			May Contain		May Contain	May Contain	May Contain								✓	✓					

CHILDREN’S AFTERNOON TEA VEGAN MENU																											
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SAVOURIES																											
PLANT BASED CHEESE BAGEL	Y	Y													May Contain	✓				May Contain		May Contain		May Contain			
PLANT BASED CHEESE & TOMATO BAGEL	Y	Y													May Contain	✓				May Contain		May Contain		May Contain			
SCONES																											
MINI FRUIT SCONE WITH STRAWBERRIES & STRAWBERRY PRESERVE	Y	Y	Y																	May Contain						✓	
PETIT FOURS																											
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																							✓	
CHOCOLATE & RASPBERRY SLICE	Y	Y	Y		May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain													✓	

CHILDREN’S AFTERNOON TEA NUT FREE MENU																										
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SAVOURIES																										
CHEDDAR CHEESE BAGEL	Y														May Contain	✓				✓		May Contain		May Contain		
HAM & TOMATO BAGEL															May Contain	✓										
SCONES																										
MINI FRUIT SCONES WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y															✓				✓	✓					
PETIT FOURS																										
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																						✓	
CHOCOLATE & RASPBERRY SLICE	Y	Y	Y		May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain												✓	