

# SUMMER AFTERNOON TEA ALLERGEN INFORMATION GUIDE

# THE ORANGERY TEA HOUSE SOUTHAMPTON AFTERNOON TEA ALLERGEN INFORMATION GUIDE

Here you'll find a list of all of the products sold in The Orangery Tea House Southampton, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Please remember to check this guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We're proud to freshly prepare our food in our kitchen every day but as we use many ingredients and shared equipment, cross contact is managed but not to an allergen-free level. Therefore we can't guarantee any of our food is suitable for those with allergies due to the risk of cross contact.

Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.

In addition we also declare Pine Nuts as an allergen.

If you are interested in an ingredient outside the 15 listed below or if you have any trouble finding what you're looking for, just contact our team - southampton@theorangeryteahouse.co.uk

The Food	Standards Agency regards the followir	ng ingredients and their derivatives as a	illergens:
Peanuts	Lupin	Cereals	
Sesame	Mustard	Containing Gluten	
Crustaceans	Soya	Celery & Celeriac	Su
Eggs	Nuts	Fish	



## Milk

Molluscs

Sulphur Dioxide

Pine Nuts

SUMMER AFTERNOON TEA MENU         Our menu is freshly prepared in our kitchen every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contamination.         CONTENTS KEY:       Y       Set of construction       Not Lugin       Not Lugin       Not Lugin       Set of construction       Set of construction       Not Lugin       Set of construction       Not Lugin       Set of construction       Set of construc																									
	we are unable to guarantee that our food is allergen free due to the risk of cross-contamination.																								
Y (SUITABLE FOR)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
							·	·			·				·										
															$\checkmark$	$\checkmark$			$\checkmark$						$\checkmark$
CREAM CHEESE WAFFLE CONE WITH TOMATO RELISH	Y														$\checkmark$				$\checkmark$				✓	$\checkmark$	$\checkmark$
EGG & CHIVE SAVOURY CUSTARD TART	Y														1				$\checkmark$	$\checkmark$					
HAM HOCK & WHOLEGRAIN MUSTARD VOL-AU-VENT															~				May Contain	May Contain			$\checkmark$		
SCONES																									
MINI SULTANA & PLAIN SCONES WITH RASPBERRY PRESERVE & CLOTTED CREAM	Y														√				√	1					
PETIT FOURS																		1							
STRAWBERRIES & CREAM ÉCLAIR	Y														✓				$\checkmark$	$\checkmark$				$\checkmark$	
LEMON MERINGUE MACARON	Y		Y	May Contain	$\checkmark$	May Contain								$\checkmark$				√							
CHERRY BAKEWELL OPERA CAKE	Y														√				√	√				√	
APPLE TARTE TATIN	Y														√										

AVOURIES   SMOKED RED PEPPER MOUSSE, CHICORY BOAT & AMARANTH Y   PLANT BASED CREAM Y																									
						Our m	enu is f we are	reshly p unable	repared to guar	in our k antee th	titchen e at our fo	every da ood is al	iy, but as llergen f	s we use free due	e many i e to the i	ngredie isk of ci	nts and ross-co	shared ntamina	equipm ition.	ent,					
CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
PLANT BASED CREAM															✓										
		Y Y													✓ ✓				May Contain						
MUSHROOM & WHOLEGRAIN MUSTARD VOL-AU-VENT SCONES		Y													1								~		
MINI SULTANA & PLAIN SCONES WITH RASPBERRY PRESERVE & PLANT BASED CREAM		Y	Y																May Contain					~	
PETIT FOURS STRAWBERRIES & CREAM FINGER SPONGE		Y	Y																May Contain					✓	
LEMON MERINGUE MACARON CHERRY BAKEWELL OPERA CAKE		Y Y	Y Y	May Contain	✓ 	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain							May Contain					√ √	
APPLE TARTE TATIN		Y													✓										

SUMMER AFTERNOON TEA GLUTEN FREE MENU         Our menu is freshly prepared in our kitchen every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contamination.         CONTENTS KEY:       VEGT DIAMON       OLUTERS       HAR DIA       PECANUTIS       PIECANUTIS       PIECANUTIS																									
	Our menu is freshly prepared in our kitchen every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contamination.         version       version       ere unable to guarantee that our food is allergen free due to the risk of cross-contamination.       must solve the risk of cross-contamination.         version       ere unable to guarantee that our food is allergen free due to the risk of cross-contamination.       must solve the risk of cross-contamination.       must solve the risk of cross-contamination.         version       ere unable to guarantee that our food is allergen free due to the risk of cross-contamination.       must solve the risk of cross-contamination.       must solve the risk of cross-contamination.         version       ere unable to guarantee that our food is allergen free due to the risk of cross-contamination.       must solve the risk of cross-contamination.       must solve the risk of cross-contamination.         version       ere unable to guarantee that our food is allergen free due to the risk of cross-contamination.       must solve the risk of cross-contamination.       must solve the risk of cross-contamination.         version       ere unable to guarantee that our food is allergen free due to the risk of cross-contamination.       must solve the risk of cross-contamination.       must solve the risk of cross-contamination.         version       ere unable to guarantee that our food is allergen free due to the risk of contain the risk of contamination.       must solve the risk of contamina																								
Y (SUITABLE FOR)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
SAVOURIES																									
			Y													1			$\checkmark$						
	Y		Y																✓				$\checkmark$		$\checkmark$
EGG & CHIVE SAVOURY CUSTARD TART	Y		Y																$\checkmark$	$\checkmark$					
HAM HOCK & WHOLEGRAIN MUSTARD TARTLET			Y																				$\checkmark$		
SCONES		·					·	·	·	·			·				·	·	·				-		
MINI SULTANA & PLAIN SCONES WITH RASPBERRY PRESERVE & CLOTTED CREAM	Y		Y																$\checkmark$					$\checkmark$	
PETIT FOURS		,					·	·	·	·								·							
STRAWBERRIES & CREAM FINGER SPONGE	Y		Y																	$\checkmark$				✓	
LEMON MERINGUE MACARON	Y		Y	May Contain	$\checkmark$	May Contain								√				✓							
CHERRY BAKEWELL OPERA CAKE	Y		Y																May Contain					✓	
APPLE TARTE TATIN	Y		Y																						

	RIES RED SALMON MOUSSE, DRY BOAT & AMARANTH MAY COntain May Contai																								
						Our m														nent,					
CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
SAVOURIES														I	I						I				
CHICORY BOAT & AMARANTH															$\checkmark$	$\checkmark$			$\checkmark$						$\checkmark$
CREAM CHEESE WAFFLE CONE WITH TOMATO RELISH															$\checkmark$				$\checkmark$				$\checkmark$	~	1
EGG & CHIVE SAVOURY CUSTARD TART															$\checkmark$				$\checkmark$	$\checkmark$					
HAM HOCK & WHOLEGRAIN MUSTARD VOL-AU-VENT															$\checkmark$				May Contain	May Contain			$\checkmark$		
SCONES																									
MINI SULTANA & PLAIN SCONES WITH RASPBERRY PRESERVE & CLOTTED CREAM															~				✓	$\checkmark$					
PETIT FOURS					·	·							• 				·								
STRAWBERRIES & CREAM ÉCLAIR															~				~	$\checkmark$				~	
LEMON MERINGUE MACARON																								√	
CHERRY OPERA CAKE															$\checkmark$				$\checkmark$	√				√	
APPLE TARTE TATIN															~										

	CHILDREN'S AFTERNOON TEA MENU         Our menu is freshly prepared in our kitchen every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contamination.         Our menu is freshly prepared in our kitchen every day, but as we use many ingredients and shared equipment, we are unable to guarantee that our food is allergen free due to the risk of cross-contamination.         VEGETARIAN       HARCADAMIA         PINE NUTS         OUTEN FREE         OUTEN FREE         OUTEN FREE         OUTEN FREE         OUTEN FREE         OUTEN FREE         OUTEN FREE																								
						Our m														ent,					
CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
SAVOURIES																									
CHEDDAR CHEESE BAGEL	Y													May Contain	✓				~		May Contain		May Contain		
HAM & TOMATO BAGEL														May Contain	1				1		May Contain		May Contain		
SCONES	·																,				- '				
MINI FRUIT SCONE WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y														$\checkmark$				✓	√					
PETIT FOURS																									
MINI CARROT CAKE					May Contain	May Contain		May Contain	May Contain	May Contain	May Contain	$\checkmark$		May Contain	$\checkmark$				1	$\checkmark$				$\checkmark$	
MINI ROSEWATER & RASPBERRY CHEESECAKE	Y				~	May Contain		May Contain	May Contain	May Contain	May Contain	May Contain		May Contain	✓				1	$\checkmark$					
RICH CHOCOLATE SPONGE CAKE	Y				May Contain	May Contain		May Contain	May Contain	May Contain	May Contain	May Contain			$\checkmark$				1	$\checkmark$				$\checkmark$	

			(	CHIL	DRE	EN'S	S AF	TEF	RNC	ON	TEA	A GL	UT	EN I	FRE	ΕM	ENI	J							
						Our m	enu is fr we are	reshly p unable	repared to guara	in our k antee th	itchen e at our fo	every da bod is al	y, but as lergen f	s we use free due	e many i e to the r	ngredie isk of ci	nts and ross-co	shared ntamina	equipm tion.	ient,					
CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
SAVOURIES		1					1	1	1																
CHEDDAR CHEESE BAGEL	Y		Y																$\checkmark$		May Contain		May Contain	~	
HAM & TOMATO BAGEL			Y																		May Contain		May Contain	~	
SCONES																									
MINI FRUIT SCONE WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y		Y																~					$\checkmark$	
PETIT FOURS																									
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																					$\checkmark$	
CHOCOLATE BROWNIE	Y		Y		May Contain			May Contain		May Contain	May Contain	May Contain							1	$\checkmark$					

				С	HIL	DRE	EN'S	S AF	TEF	RNO	ON	TEA	A VE	EGA	ΝM	IEN	U								
						Our m				l in our k antee th									equipm ation.	ent,					
CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
SAVOURIES																									
PLANT BASED CHEESE BAGEL	Y	Y												May Contain	, ✓				May Contain		May Contain		May Contain		
PLANT BASED CHEESE & TOMATO BAGEL	Y	Y												May Contain	√ √				May Contain		May Contain		May Contain		
SCONES																									
MINI FRUIT SCONE WITH STRAWBERRIES & STRAWBERRY PRESERVE	Y	Y	Y																May Contain					$\checkmark$	
PETIT FOURS																									
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																					✓	
CHOCOLATE & RASPBERRY SLICE	Y	Y	Y	May Contain	May Contain	May Contain												✓							

				СН	ILD	REN	ı's /	٩FT	ERN	100	ΝΤ	EA	NUT	ΓFR	RE	MEI	١U								
						Our m	enu is fr we are	reshly p unable	repared to guar	in our k antee th	itchen e at our fo	every da bod is al	y, but a lergen	s we use free due	e many i e to the r	ngredie isk of c	nts and ross-co	shared ntamina	equipm tion.	ent,					
CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZILNUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE
SAVOURIES	·	·		,	·	·	·		·									·		·					
CHEDDAR CHEESE BAGEL	Y													May Contain	1				$\checkmark$		May Contain		May Contain		
HAM & TOMATO BAGEL														May Contain	1										
SCONES																									
MINI FRUIT SCONE WITH STRAWBERRY PRESERVE & CLOTTED CREAM	Y														$\checkmark$				~	$\checkmark$					
PETIT FOURS	Y	Y	Y																						
LEMON & BLUEBERRY VICTORIA SPONGE	Y	Y	Y																					✓	
CHOCOLATE & RASPBERRY SLICE	Y	Y	Y	May Contain	May Contain	May Contair	May Contain	May Contain	May Contain	May Contain	May Contain	May Contain												✓	